

2025-26 Year Girls 2010 Age Phase Road Map Head Coach: Todd Strelec

<u>Team Objectives</u>: Expand on the 11 v 11 model. Emphasizing Player Technical and Tactical Development, Team Shape, Spacing and Movement and Transitional Awareness. Our training sessions will focus on Tactical Awareness, building the play from the back with possession, through the midfield and building to an attack in the final third of the play.

Winter 2025-26 Showcase (1): PA Classics Showcase or Raleigh College Showcase

Winter 2025-26 Training: Begins Dec 2nd (2 per week, Tues/Thurs), Runs through week of March 21
Greater Pittsburgh Sports Center (GPSC)
PDP and GK Training on alternating Friday nights

Winter 2025-26 Indoor League: Cool Springs Indoor Series League. Cool Springs Facility in Bethel Park. 6-8 game season over multiple play dates (select weekends in Nov/Dec/Jan/Feb/Mar)

Additional (Optional) Winter Training: SAQ (Speed/Agility/Quickness) and Group Development Sessions by GPSC. (TBA)

Winter 2025 Tournament: Erie Premier Holiday Classic Dec.29/30

Holiday Break's: November 26 (Thanksgiving), December 24 – 31 (Christmas/New Years)

<u>Spring 2026 Training:</u> Begins March 24 week, 2X per week Tues/Thurs nights. Time/Location TBD PDP Technical Training on Bi-Weekly Basis and GK Training on Fridays

Spring League of Play: GLA NPL League supplemented with the ORL League

Tournaments/Showcases:

Spring 2026 College Showcase (2): Nike Blue Chip College Showcase April 2026

Spring 2026 Tournament (3): Erie Premier Invitational over Memorial Weekend in Erie, PA, a Club event

Spring 2026 Showcase/Tournament (4): TBD

Spring 2026 Showcase/Tournament (5): TBD

Possible 4th or 5th Additional Tournament (at extra cost) upon Team discussion and DOC approval

Other Info:

We will chart an aggressive plan to assist the girls in planning college and/or careers after High School. We ask that every girl talk to the coaches about their plans. We do our best to help them set a road map to achieve their goals after High School.

Todd Strelec <u>tstrelec@fcpsoccer.com</u>